

READ ALL INSTRUCTIONS BEFORE USING THIS PRODUCT

The defined signal words identify all instructions that are important to safety. Failure to observe these instructions can lead to injury or damage to the breast pump or yourself. When used in conjunction with the following words, the defined signal words stand for: **When using electrical products, especially when children are present, basic safety precautions should always be followed.**

Indications for use

The Pump In Style® Pro is a powered breast pump to be used by lactating women to express and collect milk from their breasts. The powered breast pump is intended for a single user. This breast pump is intended to be used in a home environment.

IMPORTANT SAFETY INFORMATION

WARNING Can lead to serious injury or death.

To avoid fire, electric shock, or serious burns:

- Do not leave product unattended when plugged into an electrical outlet.
- Always unplug electrical product immediately after use.
- Do not place or store product where it can fall or be pulled into a tub or sink.
- Do not place or drop into water or other liquid.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
- Never drop or insert any object into any opening or tubing.
- Do not use outdoors, or operate where flammable products, like aerosol (spray), are being used or where oxygen is being administered.
- Always inspect power adaptor wires prior to use for damage or exposed wire. If damage is found, immediately discontinue use of the power adaptor and call Medela Customer Service at 1-800-435-8316.
- The breast pump and detachable components are not heat-resistant: keep away from heated surfaces or open flames.
- Do not use near flammable materials.
- Do not use an electrical outlet that has been exposed to water or other liquids.
- Do not use while bathing or showering.
- Do not run water over breast pump.
- If a device has been exposed to water or other liquids, do not touch, unplug the device from electrical outlet, turn off and contact Medela.

To avoid health risks and reduce the risk of severe injury:

- This is a single-user product. Powered breast pumps that are designed for single users should never be rented or shared. Use by more than one person may present a health risk and voids the warranty.

CAUTION Can lead to minor injury.

- Do not wrap cord around the power adaptor body.
- Plug the power adaptor into the breast pump first and then into the wall socket.
- Never put breast pump in water or a sterilizer, as you can cause permanent damage to the breast pump.
- Do not attempt to remove the breast shield from your breast while pumping. Turn the breast pump off and break the seal between your breast and breast shield with your finger, then remove breast shield from your breast.
- If pumping is uncomfortable or causing pain, turn the unit off, break the seal between the breast and the breast shield with your finger and remove the breast shield from your breast.
- Contact your healthcare professional or breastfeeding specialist if you can express only minimal or no milk or if expression is painful.
- While some discomfort may be felt when first using a breast pump, using a breast pump should not cause pain. For assistance with correct breast shield sizing and comfort please visit [medela.com/fittingguide](https://www.medela.com/fittingguide) or see a lactation consultant / breastfeeding specialist.
- Do not try to express with vacuum that is too high and uncomfortable (painful). The pain, along with potential breast and nipple trauma, may decrease milk output.
- Make sure tubing is not kinked or pinched while pumping.

- If pumping at high altitudes, including in an airplane, consider pumping more often or longer if you feel there is milk remaining in your breasts after your pumping session.
- Wash hands thoroughly with soap and water before touching breast pump, kit and breasts, and avoid touching the inside of bottles or lids.
- Separate and wash all parts that are exposed to breast milk immediately after use. This will help remove breast milk residue and prevent growth of bacteria.
- Always inspect breast shields, connectors, membranes, bottles, lids, and tubing prior to use for cleanliness.
- Only use drinking-quality tap or bottled water for cleaning your breast pump and parts.
- Do not store wet or damp parts as mold may develop.
- Do not run pump with wet tubing. Doing so may damage the breast pump.
- If you are experiencing discomfort at the base of the nipple due to rubbing of your breast tissue against the breast shield tunnel, use of a lubricant such as lanolin may be beneficial. For assistance with correct breast shield sizing and comfort please visit [medela.com/fittingguide](https://www.medela.com/fittingguide) or see a lactation consultant / breastfeeding specialist.

NOTICE Can lead to material damage.

- Do NOT use antibacterial or abrasive cleaners / detergents when cleaning breast pump or breast pump parts.
- Plastic bottles and component parts become brittle when frozen and may break when dropped.
- Bottles and component parts may become damaged if mishandled, e.g. dropped, over-tightened, or knocked over.

- Take appropriate care in handling bottles and components.
- Do not use the breast milk if bottles or components become damaged.
- Do not use the branded textile loop to wear the breast pump on the body.



Pump In Style® Pro
Double Electric Breast Pump

Instructions for use



PRODUCT DESCRIPTION

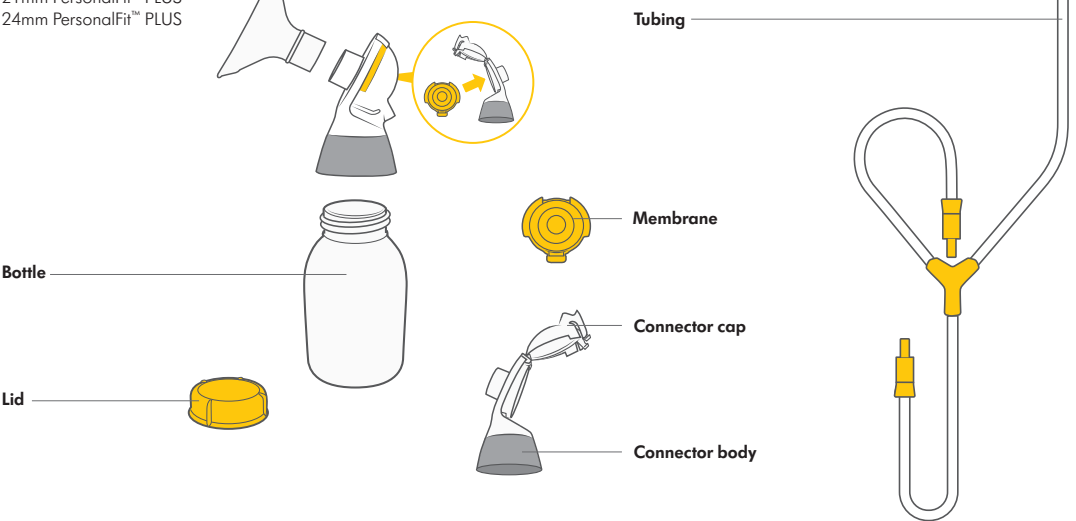
This breast pump is a personal-use electric breast pump that includes 2-Phase Expression® technology and is capable of single and double pumping.

Breast pump system parts

Not all parts listed are included with every Pump In Style® Pro model.

Breast shields (Applied Part)

21 mm PersonalFit™ PLUS
24mm PersonalFit™ PLUS



Additional items not shown - vary per product configuration:

Power adaptor
Breast pump bag
Ice pack
Bottle stand

Pump In Style® Pro is compatible with:

- Medela PersonalFit™ Flex Connectors, Membranes and Breast Shields
- Medela PersonalFit™ PLUS Breast Shields
- Medela Pump In Style® Tubing and Hands-free Tubing
- Medela Breast Milk Storage Bottles with Lids
- Medela Hands-free Collection Cups and associated replacement parts (Membranes and Breast Shields)
- Medela Pump In Style® Power Adaptor (Item 101036149)

PUTTING TOGETHER YOUR BREAST PUMP KIT

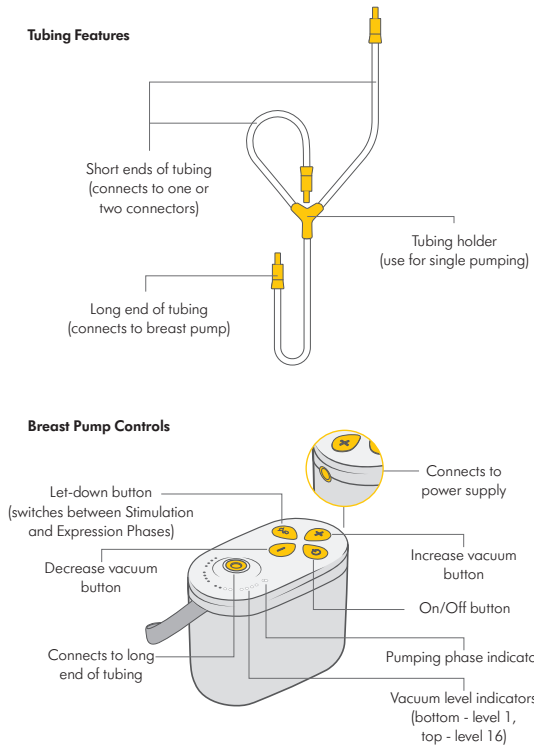
NOTICE Can lead to material damage.

- To prevent damage to the breast pump all components must be completely dry before use.

- Wash hands thoroughly.
- Carefully insert the (dark yellow) membrane with the flap into the opening of the connector.
→ Make sure that the membrane forms a seal around the edge of the connector.
- Close the lid of the connector until you hear a click.
- Screw the connector onto the bottle.
- Carefully push the breast shield into the connector body.
→ Choose a breast shield size that suits your needs.
For proper sizing see [medela.com/fittingguide](https://www.medela.com/fittingguide)
- The oval breast shields can be rotated (360°) and placed in the desired position to have the most comfortable fit for you.
- Insert one of the short ends of the tubing into the opening of the connector lid.
- Insert the long end of the tubing into the breast pump as far as it will go.

How to single pump

- Insert the unused tubing end into the tubing holder.
→ Correctly assembled system (for single pumping).



How to double pump

- Assemble the second breast pump kit.
→ Correctly assembled system (for double pumping).

OPERATING YOUR BREAST PUMP

Get ready to pump

- Wash hands thoroughly.
- Check to see if you are using the correct size breast shield. Visit [medela.com/fittingguide](https://www.medela.com/fittingguide) for more information.
- Connect your assembled breast pump kit to the tubing port on the top of the breast pump.
- Make sure that the breast pump kit is connected and positioned properly.
- Place the breast shield on the breast so that the nipple is properly centered in the tunnel.
- Hold the breast shield and connector onto your breast with your thumb and index finger.
- Support your breast with the palm of your hand.

Expressing your milk

- Power the breast pump by plugging in the power supply. Press the On/Off button (⏻) to start pumping.
→ The breast pump begins in the Stimulation Phase, level 3. The Stimulation Phase indicator is orange.
→ Your pump will automatically switch to the Expression Phase after one minute of pumping. The Expression Phase indicator is white.
- Adjust the vacuum by pressing the Increase vacuum (⬆) and Decrease vacuum (⬇) buttons to find your Maximum Comfort Vacuum. The vacuum level indicators will reflect your current vacuum level with white LEDs.
- If your milk begins to flow, and the pump has not already changed to the Expression Phase, press the Let-down button (⬇). By pressing this button, the pump switches from the Stimulation Phase to the Expression Phase.
→ When pump is in stimulation, pumping mode indicator will blink before it transitions over to expression.
- You may need to adjust the vacuum by pressing the Increase vacuum (⬆) and Decrease vacuum (⬇) buttons to find your Maximum Comfort Vacuum. The vacuum level indicators will reflect your current vacuum level.
- When your pumping session is over, press the On/Off button (⏻) on the breast pump to stop the pump.

After pumping

If you do not press any buttons for 30 minutes, the pump will shut off on its own.

Prepare your breast milk for storage:

- Use the bottle stand (if available) to prevent the bottle from tipping over.
- For information on storing your breast milk, visit [medela.com/storing-and-thawing](https://www.medela.com/storing-and-thawing)
- Remove tubing from the connector lid and breast pump.
- Store tubing in clean bag/container.
→ Do not wrap tubing around the breast pump.

Finding your Maximum Comfort Vacuum

Maximum Comfort Vacuum is the highest vacuum level where pumping still feels comfortable.

- Once you are pumping in the Expression Phase, increase the vacuum with the (⬆) button until pumping feels slightly uncomfortable (not painful).
- Then decrease the vacuum slightly with one press of the (⬇) button.

Useful information

- Stimulation should be at a comfortable vacuum level, pumping at a level that is too high is not necessary.
- Reassess your Maximum Comfort Vacuum throughout your pumping experience. It can change throughout each stage of lactation.

Glossary

2-Phase Expression® technology – research-based technology that mimics a baby's natural nursing rhythm.

Stimulation Phase – fast sucking/pumping rhythm to stimulate the milk ejection reflex and to start the milk flowing.

Let-down – when your milk starts to flow.

Expression Phase – slower sucking/pumping rhythm for gentle and efficient milk removal as quickly as possible.

Maximum Comfort Vacuum™ – the highest vacuum level where a mother feels comfortable pumping. It is different for every mother.

TROUBLESHOOTING	
In case of an unexpected behavior of your breast pump check with the troubleshooting table. If you find the issue in the column “Problem” follow the instructions in the column “Solution”.	
Problem	Solution
The breast pump generates no vacuum (motor not working) after you pressed the On/Off button	<ul style="list-style-type: none">• Make sure the breast pump is attached to a power source.• If it still does not work, contact Medela Customer Service.
There is low or no suction	<ul style="list-style-type: none">• Make sure all breast pump kit components are clean and dry and connections are secure.• Make sure the membranes are placed in the connector caps correctly and the connector caps are shut tightly.• Make sure the breast pump shields are pushed into the connector caps tightly.• While pumping, make sure the breast shields form a complete seal around the breast.• When single pumping, make sure the unused tubing end is correctly plugged into the tubing holder.• If suction does not improve, contact Medela Customer Service.
The breast pump exterior got wet	<ul style="list-style-type: none">• Unplug the breast pump from the power source and turn off.• Dry off the outside of the breast pump.
The breast pump has been submerged in water	<ul style="list-style-type: none">• Unplug the breast pump from the power source.• Contact Medela Customer Service.

If you have not resolved the problem with your breast pump, have further questions, or need additional assistance outside of the Troubleshooting table, please contact Medela Customer Service. Additionally, to report any unexpected operations or events, please contact Medela Customer Service. For contact data, visit www.medela.cm/contact-us. Under “Country” choose your country.















DISPOSAL
The unit is made of various metal and plastics. Before disposal, the device is to be rendered unusable and it must not be disposed of as unsorted municipal waste in accordance with local regulations. Use your local return and collection system for waste electrical and electronic equipment. Improper disposal may have harmful effects on the environment and on public health.
WARRANTY

This product is warranted by Medela to the original retail purchaser to be free from defects in material and workmanship for the period of one year for pump mechanism (90 days for parts and detachable components) from the date of purchase. Warranty can only be claimed in the country of purchase. In the event of a defect, Medela will repair or, at Medela’s option, replace this product, without charge for such replacement, parts or labor. Purchaser shall bear all expense for returning this product to Medela. This warranty does not apply to any product used commercially or which has been subjected to misuse, abuse or alteration.

ANY AND ALL IMPLIED WARRANTIES, INCLUDING THE WARRANTY OF MERCHANTABILITY, ARE LIMITED TO A DURATION OF 1 YEAR FROM DATE OF PURCHASE. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATIONS MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MAY ALSO HAVE OTHER RIGHTS WHICH VARY FROM STATE TO STATE.

For questions regarding this warranty or instructions on making a warranty claim, please call Medela Customer Service (toll free) at 1-800-435-8316. All returns must be sent with a Return Authorization Number from Medela, with your dated bill of sale or other proof of purchase and a brief statement of the problem to the following address:

Medela LLC – Returns, Door 4501
1101 Corporate Dr. McHenry, IL 60050
ATTENTION: RETURNS

MEANING OF SYMBOLS	
	This symbol indicates the manufacturer. ¹
	This symbol indicates do not dispose the device together with unsorted municipal waste (in accordance with local regulations). ²
	This symbol indicates compliance with international requirements for protection from electric shock. (Type BF applied parts). ³
	Protected against objects ≥12.5mm. Protected from tilted dripping water. ⁴
	This symbol indicates the date of manufacture. ⁵
	This symbol indicates the device is a Class II electrical appliance (double insulated). ⁶
	This symbol indicates that the power adaptor is for indoor use only. ⁷
	This symbol indicates alternating current. ⁸
	This symbol indicates direct current. ⁹
	Caution Sign ¹⁰
	General Warning Sign ¹¹
	This symbol indicates the location of the On/Off button (stand-by). ¹²
	This symbol indicates manufacturer’s catalog number. ³
	Indicates the compliance with the requirements of the Federal Communications Commission. ^{1,14}

* These symbols are not derived from standards.

REFERENCE	
1. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.1.1 Manufacturer	13. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.1.6 Catalog number
2. EN 50419:2022 Marking of electrical and electronic equipment (EEE) in respect to separate collection of waste EEE [WEEE]	14. Code of Federal Regulations, Title 47, Part 15b / 15c
3. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 20 Type BF applied parts	15. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.1.5 Batch code
4. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.3 Symbol 2 IP Code, IEC 60529, Degrees of protection provided by enclosures (IP Code)	16. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.1.7 Serial number
5. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.1.3 Manufacturing Date	17. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.1, Fragile, handle with care
6. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 9 Class II equipment	18. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.2 Keep away from sunlight
7. IEC 60417-5957, Graphical symbols for use on equipment, For Indoor use only	19. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.4, Keep away from rain
8. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 1 Alternating current	20. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.7 Temperature limit
9. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 4 Direct current	21. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.8 Humidity limitation
10. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 10 Caution.	22. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.3.9 Atmospheric pressure limitation
11. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.2 Symbol 2 General Warning Sign	23. ISO 15223-1, Medical devices – Symbols to be used with information to be supplied by the manufacturer, Part 1: General requirements, Clause 5.4.3 Consult instructions for use
12. IEC 60601-1, Medical electrical equipment – Part 1: General Requirements for basic safety and essential performance, Table D.1 Symbol 29 Stand-by	24. ISO 7000-1135, Graphical symbols for use on equipment, General symbol for recovery/recyclable

EMC TECHNICAL DESCRIPTION
<p>The breast pump needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information provided in the instructions for use. Portable and mobile RF communications can affect the breast pump.</p>
NOTICE
<p><i>Can lead to material damage.</i></p>

This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions:

- This device may not cause harmful interference
- This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B Digital Device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Guidance and manufacturer’s declaration – electromagnetic emissions

This breast pump is intended for use in the electromagnetic environment specified below. The customer or the user of the breast pump should assure that it is used in such an environment.

Emission tests	Compliance	Electromagnetic environment – guidance
RF Emissions CISPR 11	Group 1	The breast pump uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	
Harmonic emissions IEC 61000-3-2	Not applicable	
Voltage fluctuations / flicker emissions IEC 61000-3-3	Not applicable	

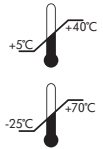



WARNING:

- This breast pump should not be used adjacent to or stacked with other equipment. If adjacent or stacked use is necessary, this breast pump should be observed to verify normal operation in the configuration in which it will be used.
- Use of parts or cables other than those provided by Medela could result in increased electromagnetic emissions or decreased electromagnetic immunity of this equipment and result in improper operation.

Guidance and manufacturer’s declaration – electromagnetic immunity	
This breast pump is intended for use in the electromagnetic environment specified below. The customer or the user of the breast pump should assure that it is used in such an environment.	
The Pump In Style® Pro breast pump has no essential performance but was tested for immunity to electromagnetic disturbances and passed using the following criteria:	
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Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment – guidance
Electrostatic discharge (ESD) IEC 61000-4-2	+/- 2kV, +/- 4kV, +/- 6 kV, +/- 8kV contact discharge +/- 2kV, +/- 4kV, +/- 6 kV, +/- 8kV, +/- 15 kV air discharge	+/- 2kV, +/- 4kV, +/- 6 kV, +/- 8kV contact discharge +/- 2kV, +/- 4kV, +/- 6 kV, +/- 8kV, +/- 15 kV air discharge	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/ burst IEC 61000-4-4	± 2 kV 100 kHz repetition frequency	± 2 kV 100 kHz repetition frequency	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 61000-4-5	± 0,5 kV, ± 1 kV Line-to-line	± 0,5 kV, ± 1 kV Line-to-line	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	0 % UT; 0,5 cycle At 0°, 45°, 90°, 135°, 180°, 225°, 270°, and 315°	0 % UT; 0,5 cycle At 0°, 45°, 90°, 135°, 180°, 225°, 270°, and 315°	Mains power quality should be that of a typical commercial or hospital environment. If the user of the breast pump requires continued operation during power mains interruptions, it is recommended that the breast pump be powered from an uninterruptible power supply or a battery.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	30 A/m, 50 or 60 Hz	30 A/m, 50/60 Hz	It may be necessary to position the breast pump further from sources of power frequency magnetic fields or to install magnetic shielding. The power frequency magnetic field should be measured in the intended installation location to assure that it is sufficiently low.
NOTE: U _i is the a.c. mains voltage prior to application of the test level.			

Guidance and manufacturer’s declaration – electromagnetic immunity (cont.)	
This breast pump is intended for use in the electromagnetic environment specified below. The customer or the user of the breast pump should assure that it is used in such an environment.	
Table of frequencies of portable and mobile transmitters for which the recommended separation distance is 30 cm (12 inches):	
Band (MHz)	Service
380 - 390	TETRA 400
430 - 470	GMRS 460, FRS 460
704 - 787	LTE Band 13, 17
800 - 960	GSM 800/900, TETRA 800, iDEN 820, CDMA 850, LTE Band 5
1 700 - 1 990	GSM 1800; CDMA 1900; GSM 1900; DECT; LTE Band 1, 3, 4, 25; UMTS
2 400 - 2 570	Bluetooth®, WLAN, 802.11 b/g/n, RFID 2450, LTE Band 7
5 100 - 5 800	WLAN 802.11 a/n
WARNING: Portable RF communications equipment (including peripherals such as antenna cables and external antennas) should be used no closer than 30 cm (12 inches) to any part of the breast pump including cables specified by Medela. Otherwise, degradation of the performance of this equipment could result.	

TECHNICAL SPECIFICATIONS	
The operating life of this breast pump is defined to be approximately three 15-minute sessions per day, for one year. The operating life for the breast pump kit is 6 months.	
Vacuum Range -50 to -295 mmHg ^{1, 2} 35 to 120 cpm	
Mode of operation: Continuous	Operation Temperature (5° C to 40° C) (41° F to 104° F)
Size (pump unit) 140 x 77 x 111 mm	Transport / Storage Temperature (-25° C to 70° C) (-13° F to 158° F)
Weight (pump unit) 1.23 lbs (560 g)	
	Transport/ Operation/ Storage Humidity
	Operation/Transport/Storage Pressure
Ingress protection level: IP22 (Pump Unit and Power Adaptor)	

Materials touching skin or coming in contact with milk <ul style="list-style-type: none">• Breast shield : Polypropylene• Connector: Polypropylene• Membrane: Silicone• Bottle: Polypropylene• Lid: Polypropylene	All parts that come in contact with breast milk are not intentionally made with BPA (Bisphenol A).
	<small>¹Maximum Vacuum in Expression (when single or double pumping). ²This vacuum performance range is dependent on different conditions such as atmospheric pressure, individual breast anatomy, and breast shield size.</small>

Content appearance may vary from pictures.

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